



The Brown Bag Exercise

Each forum member finds ten objects to represent the ten most important things in his/her life. For example, my family was number one and I had a picture. My work was represented by a business card, sports by a golf ball, etc. They go into a brown paper bag. Then everyone takes turns revealing their ten things. Each person starts with the tenth most important and leads up to the most important. Each person should go into good detail. You can expect over three hours to go through twelve members.